



Swim England
Swimming

Performance
Centre

Junior Surrey Squad Specification Sheet 2026-27

Generally, Girls & Boys 11 to 15 years (Born 2016 to 2012)

Ages are determined as at 31 December 2027

Total available weekly training sessions	Pool – 8 hours	Land – 1 hour
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Squad Profile

Junior Surrey Squad is part of the National and Regional Pathway within Guildford City's Transition Squad Section. It is designed for junior swimmers aged 11 to 15 years who it is believed have the potential and ambition to achieve a Surrey County Championships qualifying time in at least one event.

The Squad caters for a variety of swimmers including those:

- who aspire to be promoted to Regional, Junior National, and/or Age Group National Squads
- who are working towards qualifying in a Surrey County Championship event
- late developers and those who are relatively new to Guildford City Swimming Club
- who participate in multiple sports outside of swimming

Members are encouraged to target a minimum of 4 hours per week training in the pool in order to benefit from the carefully planned training program that aims to prepare all individuals for competitions and racing. Training is both physically and technically challenging with the Coaches always encouraging and motivating swimmers to keep their competitive spirit and eagerness to develop and improve. It should be noted that the Coaches are continually reviewing and assessing a swimmer's training ability and attendance and their attitude to learning and progressing. Our goal is to help the child develop into a self-motivated, independent, hardworking athlete. Parents are asked to respect the Coach's judgement and not to expect or request a child's lane allocation or squad promotion.

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Minimum Standard

Aspiration to achieve at least one Surrey County Championship qualifying time in any event

Entry into the squad

Consideration for a promotion / entry into the Squad by existing Guildford City swimmers or swimmers from other clubs will be based upon:

Performance



Team



Character

“Key Measures”

1. age eligibility
2. a clearly demonstrated and sustained work ethic
3. commitment to the existing squad training & competition programme

Squad Competition Programme

Members are expected to compete in meets and galas at the Lead Coach's direction

Maintaining a Place in the Squad

In order for a swimmer to maintain their place in the Squad they will have to continue to meet the “Key Measures” as listed above

Movement to other squads / pathways

Swimmers who meet the relevant “Key Measures” may be considered for a promotion to the Regional Squad, Junior National Squad, Age Group National Squad, or Senior Surrey Squad at any point during the year at the discretion of the coaches.

Swimmers who do not meet the “Key Measures” may be transferred to a more appropriate training pathway at any point during the year at the discretion of the coaches.

Time Out

Swimmers aged 15 years (born 2012) will generally time out of the Squad in August 2027

- Ages as at 31 December 2027
- Special consideration may be made at the Coaches' discretion waiving the age parameters. In reviewing each case Coaches will consider the history of a swimmer's commitment to training and competition as well as their work ethic and maturity.
- The Coaches may waive any of the criteria contained in this document at their sole discretion.
- Please note that standards stated may change without prior notice or justification.
- Graduation from squad to squad will normally take place at the beginning of the new swimming year in September.

★ **Motto**

‘Shaping the Future of Swimming in the South East’

★ **Mission Statement**

Every day we strive to provide an environment where personal excellence, honesty and commitment are expected. Through the pursuit of our dreams and goals we learn valuable life skills and develop the drive to achieve our potential in swimming and life. We are committed to fostering a healthy environment (mentally and physically) where swimmers are not afraid to fall down, fall short or fail in the lofty pursuit of their dreams; this is where character is developed.

★ **Vision Statement**

To continue to build a tradition of swimming excellence and develop our national reputation for producing passionate, inspired and high producing swimmers and coaches. Our aim is to ensure that every athlete has the opportunity to reach their potential within the sport (regardless of standard) and to provide a culture that encourages learning and personal development within a safe friendly environment. Good sportsmanship will always be encouraged with the expectation that our members strive to be humble in victory and gracious in defeat. To maintain the highest possible standards we believe that team unity, character development and personal responsibility are paramount to providing a successful culture for all.





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Key Values

★ Teamwork

Support each other

We aim to support everyone involved with Guildford City Swimming Club or the University of Surrey. This includes **supporting team mates** at competitions and training partners during training sessions.

★ Performance

Commitment

This involves making a commitment to the club and includes commitment to **attendance, work ethic** and **punctuality** at training, competition and any other activities associated with the club.

Adaptability

Everyone needs to be adaptable to training and competition but we expect all members to show **willingness** and **tenacity** to changing under challenging circumstances. Furthermore, we all need to show **resilience** within our lives and the ability to bounce back from adversity is an important quality.

★ Character

Responsibility

Our expectation is that every member takes responsibility for their actions to include training, competition and any other activities and lifestyle management.

Respect

Our expectation is that everyone shows respect for other **members**, the **facility** and for us as **individuals**.

Ownership

Our expectation is that we all take ownership for the **process** of **training**, take **accountability** for our actions and ownership for **self-reflection** of our actions.

