

TERM DATES + Altered & Cancelled Sessions							
<i>Normal training unless otherwise noted</i>							
AUTUMN 2025 TERM DATES							
	<i>Start</i>	<i>Finish</i>	<i>Return</i>		<i>Start</i>	<i>Finish</i>	<i>Return</i>
			<i>2026</i>				<i>2026</i>
High Performance	26-Aug-25	30-Dec-25	02-Jan-26	Academy Spectrum			
				Pre Competitive GOLD	01-Sep	19-Dec-25	03-Jan-26
Team Surrey				Pre Competitive SILVER	01-Sep	19-Dec-25	03-Jan-26
Performance Squad	26-Aug-25	30-Dec-25	02-Jan-26	Pre Competitive BRONZE	01-Sep	19-Dec-25	03-Jan-26
BUCS Competitive Squad	15-Sep-25	19-Dec-25	02-Jan-26				
				Teaching Pool Swimmers:			
Transition Squads				Tadpoles	08-Sep	19-Dec-25	05-Jan-26
Regional Squad	01-Sep	19-Dec-25	03-Jan-26	Frogs	08-Sep	19-Dec-25	05-Jan-26
Jr Surrey Squad	01-Sep	19-Dec-25	02-Jan-26	Otters	08-Sep	19-Dec-25	05-Jan-26
Sr Surrey Squad	01-Sep	19-Dec-25	02-Jan-26				
Competitive Development	01-Sep	19-Dec-25	05-Jan-26	Satellite Dolphins			
				Guildford High - Mondays	15-Sep	01-Dec	excluding 20 & 27 October
Masters	01-Sep	22-Dec-25	02-Jan-26	Guildford High - Tuesdays	16-Sep	02-Dec	excluding 21 & 28 October
				Notre Dame	17-Sep	03-Dec	excluding 22 & 29 October
				St Catherines	14-Sep	30-Nov	excluding 26 October & 2 November
Altered & Cancelled Sessions							
Events					Pool	Squads Still Training	Cancelled Squads
Beginning of the Autumn Term - Welcome Back !							
Week Commencing							
Tuesday 26 August	Training for High Performance Squads only @ SSP resumes - Spectrum, Aldershot & Charterhouse sessions not available						
Monday 1 September	Training for Transition, PC Gold - Silver - Bronze & Masters resumes - Spectrum Competition Pool - Aldershot - Charterhouse sessions available - Spectrum Teaching Pool not available						
Monday 8 September	Training in the Spectrum Teaching Pool resumes						
25 Aug Bank Holiday	Monday			No Training		None	
27 Aug	Wednesday			6 to 8 am	SSP	Sr Perf + Sr Nats	Masters
27 Aug	Wednesday			6 to 8 pm	SSP	Sr Perf - Jr Perf - Sr Nats	Regs
31 Aug	Sunday			No Training	SSP	None	All Squads
Portsmouth L2 OM							
27 Sept	Saturday			7 to 9 am	SSP	Sr Nats - AG Nats - Jr Nats	Jr Perf
	Saturday			8 to 9 am	SSP S & C	None	Sr Perf
	Saturday			9 to 11 am	SSP	None	Sr Perf
	Saturday			4 to 6 pm	SSP	None	All Squads

GCSC L3 Open Meet @ Spectrum							
18-Oct	Saturday		7 to 9 am	SSP		Jr Perf	Sr Nats - AGN - Jr Nats
	Saturday		4 to 6 pm	SSP		None	All Squads
	Saturday		7 to 10 am	Spectrum		None	All Squads
19-Oct	Sunday		7 to 9 am	SSP		Masters	Jr Nats - Jr Surrey
	Sunday		9 to 11 am	SSP		None	Regs - PC Gold - PC Silver
	Sunday		4 to 5 pm	Spectrum		None	CDS - Sr Surrey
SER Winter Champs							
01-Nov	Saturday		7 to 9 am	SSP		Jr Perf - Sr Nats - AGN - Jr Nats	None
	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
	Saturday		9 to 11 am	SSP		None	Sr Perf
	Saturday		4 to 6 pm	SSP		None	All Squads
Distance L4 Time Trials							
02-Nov	Sunday		7 to 9 am	SSP		Jr Nats only	None
	Sunday		7 to 9 am - Normal Training	SSP		Jr Surrey - Masters	None
GCSC L2 Open Meet							
22-Nov	Saturday		7 to 11 am	SSP		None	All Squads
	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
23-Nov	Sunday		7 to 11 am	SSP		None	All Squads
Ealing L3 Open Meet							
29-Nov	Saturday		7 to 9 am	SSP		Jr Perf	Sr Nats - AG Nats - Jr Nats
	Saturday		4 to 6 pm	SSP		None	All Squads
	Saturday		7 to 9 am	Spectrum		None	Regs - PC Gold - PC Silver
	Saturday		9 to 10 am	Spectrum		PC Bronze + PC Silver & u/9 PC Gold	None
30 Nov	Sunday		7 to 9 am	SSP		Masters	Jr Nats - Jr Surrey
	Sunday		9 to 11 am	SSP		PC Silver + Bronze + u/9 PC Gold	Regs - PC Gold
Winter Nationals 11 to 14 December							
13-Dec	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
	Saturday		9 to 11 am	SSP		None	Sr Perf
Distance L4 Time Trials							
14-Dec	Sunday		7 to 9 am	SSP		Jr Nats only	None
	Sunday		7 to 9 am - Normal Training	SSP		Jr Surrey - Masters	None
GCSC L3 Open Meet @ SSP							

20-Dec	Saturday		7 to 9 am	SSP		None	Jr Perf - Sr Nats - AG Nats - Jr Nats
	Saturday		9 to 11 am	SSP		None	Sr Perf
	Saturday		4 to 6 pm	SSP		None	All Squads
	Saturday		7 to 9 am	Spectrum		None	All Squads
	Saturday		9 to 10 am	Spectrum		None	All Squads
21-Dec	Sunday		7 to 9 am	SSP		None	Masters - Jr Nats - Jr Surrey
	Sunday		9 to 11 am	SSP		None	Regs - PC Gold - PC Silver - PC Bronze
	Sunday		4 to 5 pm	Spectrum		None	CDS - Sr Surrey
Xmas Training							
Note: Spectrum Teaching Pool, Aldershot & Charterhouse not available Monday 22 December 2025 to Sunday 4 January 2026							
Competitive Development Squad			No Training		Monday 22 December 2025 to Sunday 4 January 2026		Training resumes Monday 5 January
PC Gold - Silver - Bronze			No Training		Monday 22 December 2025 to Friday 2 January 2026		Training resumes Saturday 3 January
Otters - Frogs - Tadpoles			No Training		Monday 22 December 2025 to Sunday 4 January 2026		Training resumes Monday 5 January
All Other Squads - see below							
22-Dec	Monday		All Sessions	SSP		All Squads	None
	Monday		6 to 8 am	Spectrum		Masters	None
	Monday		630 to 830 pm	Spectrum		None	Regs - PC Silver - PC Bronze - CDS
	Monday		630 to 830 pm	Charterhouse		None	Jr Surrey + Sr Surrey
23-Dec	Tuesday		All Sessions	SSP		All Squads	None
	Tuesday		630 to 830 pm	Spectrum		Jr Nats (instead of Charterhouse)	PC Gold - PC Silver - Pc Bronze - CDS
	Tuesday		630 to 830 pm	Charterhouse		None	Jr Nats
24-Dec	Wednesday		All Sessions	All Pools		No Training	All Squads
25-Dec	Thursday		All Sessions	All Pools		No Training	All Squads
26-Dec	Friday		All Sessions	All Pools		No Training	All Squads
27-Dec	Saturday		7 to 9 am	SSP		Jr Perf - Sr Nats - AGN - Jr Nats	None
			9 to 11 am	SSP		Sr Perf	None
			4 to 6 pm	SSP		None	All Squads
			All Sessions	Spectrum		No Training	All Squads
28-Dec	Sunday		7 to 9 am	SSP		Jr Nats	Jr Surrey - Masters
			9 to 11 am	SSP		No Training	Regs - PC Gold - PC Silver
29-Dec	Monday		6 to 8 am	SSP		Sr Perf	None
	Monday		5 to 9 pm	SSP		All Squads	None
	Monday		All Sessions	Spectrum		No Training	All Squads
	Monday		630 to 830 pm	Charterhouse		None	Jr Surrey - Sr Surrey

30-Dec	Tuesday		All Sessions	SSP		All Squads	None
	Tuesday		630 to 830 pm	Spectrum		Jr Nats (instead of Charterhouse)	PC Gold - PC Silver - PC Bronze - CDS
	Tuesday		630 to 830 pm	Charterhouse		None	Jr Nats
31-Dec	Wednesday		All Sessions	All Pools		No Training	All Squads
01-Jan	Thursday		All Sessions	All Pools		No Training	All Squads
2 Jan onwards	From Friday		All Sessions	SSP		Normal training for all squads resumes	
2 Jan	Friday		630 to 830 pm	Spectrum		Jr Surrey - Sr Surrey - Sr Nats	PC Silver - CDS
	Friday		830 to 930 pm	Spectrum		Masters	None
	Friday		630 to 830 pm	Charterhouse		No Training	Sr Nats
3 Jan	Saturday		7 to 9 am	Spectrum		Regs - PC Gold - PC Silver	None
	Saturday		9 to 11 am	Spectrum		PC Bronze	None
04-Jan	Sunday		4 to 5 pm	Spectrum		No Training	Sr Surrey - CDS
5 Jan onwards	From Monday		All Sessions	All Pools		Normal training for all squads resumes	
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