



L3 Last Chance County Qualifier

20th & 21st December 2025

Licence No. – 3SE252603

QUALIFYING TIMES – OPEN / MALE

Age of swimmers as of 23:59 21st December 2025. Minimum Age - 9 years

Stroke	Distance	Open / Male (LOWER LIMITS)				
Short Course		9-10 yrs	11-12 yrs	13-14 yrs	15-16 yrs	17+yrs
Freestyle	50m	1:00.00	42.30	37.00	32.40	31.20
Freestyle	100m	1:49.00	1:31.90	1:19.60	1:10.10	1:07.50
Freestyle	200m	3:54.00	3:19.90	2:53.90	2:33.30	2:27.10
Freestyle	400m	8:26.55	7:12.21	6:15.68	5:30.96	5:17.50
Breaststroke	50m	1:15.00	54.50	46.80	40.90	39.20
Breaststroke	100m	2:21.30	1:57.50	1:40.70	1:28.00	1:24.40
Breaststroke	200m	4:56.10	4:13.10	3:38.30	3:10.70	3:03.80
Backstroke	50m	1:00.00	48.20	41.90	36.70	35.10
Backstroke	100m	2:02.20	1:42.80	1:28.90	1:17.60	1:14.60
Backstroke	200m	4:17.50	3:40.40	3:11.40	2:47.50	2:41.40
Butterfly	50m	1:15.00	46.50	40.60	35.20	33.90
Butterfly	100m	2:08.90	1:42.70	1:28.30	1:16.70	1:14.00
Butterfly	200m	4:42.60	3:45.80	3:15.10	2:48.80	2:43.30
Medley	100m	1:59.48	1:42.19	1:29.06	1:17.79	1:14.94
Medley	200m	4:24.00	3:45.80	3:16.80	2:51.90	2:45.60
Medley	400m	9:25.90	8:03.83	7:01.21	6:07.96	5:54.29

Stroke	Distance	Open / Male (UPPER LIMITS)
Short Course		9-17+yrs
Freestyle	50m	19.90
Freestyle	100m	44.84
Freestyle	200m	1:38.61
Freestyle	400m	3:32.25
Breaststroke	50m	24.95
Breaststroke	100m	55.28
Breaststroke	200m	2:00.16
Backstroke	50m	22.11
Backstroke	100m	48.33
Backstroke	200m	1:45.63
Butterfly	50m	21.32
Butterfly	100m	47.71
Butterfly	200m	1:46.85
Medley	100m	49.28
Medley	200m	1:48.88
Medley	400m	3:54.81

No-Time Entries will only be considered after all other entries have been processed.