

<b>TERM DATES + Altered &amp; Cancelled Sessions</b>						
<i>Normal training unless otherwise noted</i>						
<b>AUTUMN 2025 TERM DATES</b>						
	<i>Start</i>	<i>Finish</i>		<i>Start</i>	<i>Finish</i>	
<b>High Performance</b>	<b>26-Aug-25</b>	<b>31-Dec-25</b>	<b>Academy Spectrum</b>			
			<b>Pre Competitive GOLD</b>	<b>01-Sep</b>	<b>23-Dec-25</b>	
<b>Team Surrey</b>			<b>Pre Competitive SILVER</b>	<b>01-Sep</b>	<b>23-Dec-25</b>	
<b>Performance Squad</b>	<b>26-Aug-25</b>	<b>31-Dec-25</b>	<b>Pre Competitive BRONZE</b>	<b>01-Sep</b>	<b>20-Dec-25</b>	
<b>BUCS Competitive Squad</b>	<b>15-Sep-25</b>	<b>19-Dec-25</b>				
			<b>Teaching Pool Swimmers:</b>			
<b>Transition Squads</b>			<b>Tadpoles</b>	<b>08-Sep</b>	<b>19-Dec-25</b>	
<b>Regional Squad</b>	<b>01-Sep</b>	<b>21-Dec-25</b>	<b>Frogs</b>	<b>08-Sep</b>	<b>19-Dec-25</b>	
<b>Jr Surrey Squad</b>	<b>01-Sep</b>	<b>21-Dec-25</b>	<b>Otters</b>	<b>08-Sep</b>	<b>19-Dec-25</b>	
<b>Sr Surrey Squad</b>	<b>01-Sep</b>	<b>19-Dec-25</b>				
<b>Competitive Development</b>	<b>01-Sep</b>	<b>19-Dec-25</b>	<b>Satellite Dolphins</b>			
			<b>Guildford High - Mondays</b>	<b>15-Sep</b>	<b>01-Dec</b>	<b>excluding 20 &amp; 27 October</b>
<b>Masters</b>	<b>01-Sep</b>	<b>22-Dec-25</b>	<b>Guildford High - Tuesdays</b>	<b>16-Sep</b>	<b>02-Dec</b>	<b>excluding 21 &amp; 28 October</b>
			<b>Notre Dame</b>	<b>17-Sep</b>	<b>03-Dec</b>	<b>excluding 22 &amp; 29 October</b>
			<b>St Catherines</b>	<b>14-Sep</b>	<b>30-Nov</b>	<b>excluding 26 October &amp; 2 November</b>
<b>Altered &amp; Cancelled Sessions</b>						
<b>Events</b>				<b>Pool</b>	<b>Squads Still Training</b>	<b>Cancelled Squads</b>
<b>Beginning of the Autumn Term - Welcome Back !</b>						
<b>Week Commencing</b>						
Tuesday 26 August	Training for High Performance Squads only @ SSP resumes - Spectrum, Aldershot & Charterhouse sessions not available					
Monday 1 September	Training for Transition, PC Gold - Silver - Bronze & Masters resumes - Spectrum Competition Pool - Aldershot - Charterhouse sessions available - Spectrum Teaching Pool not available					
Monday 8 September	Training in the Spectrum Teaching Pool resumes					
25 Aug Bank Holiday	Monday		No Training		None	
27 Aug	Wednesday		6 to 8 am	SSP	Sr Perf + Sr Nats	Masters
27 Aug	Wednesday		6 to 8 pm	SSP	Sr Perf - Jr Perf - Sr Nats	Regs
31 Aug	Sunday		No Training	SSP	None	All Squads
<b>Portsmouth L2 OM</b>						
27 Sept	Saturday		7 to 9 am	SSP	Sr Nats - AG Nats - Jr Nats	Jr Perf
	Saturday		8 to 9 am	SSP S & C	None	Sr Perf

	Saturday		9 to 11 am	SSP		None	Sr Perf
	Saturday		4 to 6 pm	SSP		None	All Squads
<b>GCSC L3 Open Meet @ Spectrum</b>							
18-Oct	Saturday		7 to 9 am	SSP		Jr Perf	Sr Nats - AGN - Jr Nats
	Saturday		4 to 6 pm	SSP		None	All Squads
19-Oct	Sunday		7 to 9 am	SSP		Masters	Jr Nats - Jr Surrey
	Saturday		9 to 11 am	SSP		None	Regs - PC Gold - PC Silver
<b>SER Winter Champs</b>							
01-Nov	Saturday		7 to 9 am	SSP		Jr Perf - Sr Nats - AGN - Jr Nats	None
	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
	Saturday		9 to 11 am	SSP		None	Sr Perf
	Saturday		4 to 6 pm	SSP		None	All Squads
<b>Distance L4 Time Trials</b>							
02-Nov	Sunday		7 to 9 am	SSP		Jr Nats only	None
	Sunday		7 to 9 am - Normal Training	SSP		Jr Surrey - Masters	None
<b>GCSC L2 Open Meet</b>							
22-Nov	Saturday		7 to 11 am	SSP		None	All Squads
	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
23-Nov	Sunday		7 to 11 am	SSP		None	All Squads
<b>Atlantis Xmas Cracker L3 Open Meet</b>							
29-Nov	Saturday		7 to 9 am	SSP		Jr Perf	Sr Nats - AG Nats - Jr Nats
	Saturday		4 to 6 pm	SSP		None	All Squads
30 Nov	Sunday		7 to 9 am	SSP		Masters	Jr Nats - Jr Surrey
	Sunday		9 to 11 am	SSP		PC Silver + Bronze + under 9 PC Gold	Regs - PC Gold
<b>Winter Nationals 11 to 14 December</b>							
13-Dec	Saturday		8 to 9 am	SSP S & C		None	Sr Perf
	Saturday		9 to 11 am	SSP		None	Sr Perf
<b>Distance L4 Time Trials</b>							
14-Dec	Sunday		7 to 9 am	SSP		Jr Nats only	None
	Sunday		7 to 9 am - Normal Training	SSP		Jr Surrey - Masters	None
<b>Hillingdon L3 OM</b>							

20-Dec	Saturday		7 to 9 am	SSP		None	Jr Perf - Sr Nats - AG Nats - Jr Nats
	Saturday		4 to 6 pm	SSP		None	All Squads
21-Dec	Sunday		7 to 9 am	SSP		Masters	Jr Nats - Jr Surrey
	Sunday		9 to 11 am	SSP		PC Silver + Bronze + under 9 PC Gold	Regs - PC Gold
<b>Xmas Training</b>							
Note: Spectrum Teaching Pool, Aldershot & Charterhouse not available Monday 22 December 2025 to Sunday 4 January 2026							
Competitive Development Squad			No Training	Monday 22 December 2025 to Sunday 4 January 2026			Training resumes Monday 5 January
PC Bronze			No Training	Monday 22 December 2025 to Friday 2 January 2026			Training resumes Saturday 3 January
Otters - Frogs - Tadpoles			No Training	Monday 22 December 2025 to Sunday 4 January 2026			Training resumes Monday 5 January
All Other Squads - see below							
22-Dec	Monday		All Sessions	SSP		All Squads	None
	Monday		6 to 8 am	Spectrum		Masters	None
	Monday		630 to 830 pm	Spectrum		Regs - Jr Surrey - Sr Surrey - PC Silver	CDS - PC Bronze
	Monday		630 to 830 pm	Charterhouse		None	Jr Surrey + Sr Surrey to train at Spectrum
23-Dec	Tuesday		All Sessions	SSP		All Squads	None
	Tuesday		630 to 830 pm	Spectrum		PC Gold - PC Silver	CDS - PC Bronze
	Tuesday		630 to 830 pm	Spectrum		Jr Nats	None
	Tuesday		630 to 830 pm	Charterhouse		None	Jr Nats
24-Dec	Wednesday		All Sessions	All Pools		No Training	All Squads
25-Dec	Thursday		All Sessions	All Pools		No Training	All Squads
26-Dec	Friday		All Sessions	All Pools		No Training	All Squads
27-Dec	Saturday		7 to 9 am	SSP		Jr Perf - Sr Nats - AGN - Jr Nats	None
			9 to 11 am	SSP		Sr Perf	None
			4 to 6 pm	SSP		None	All Squads
			All Sessions	Spectrum		No Training	All Squads
28-Dec	Sunday		7 to 9 am	SSP		Jr Nats	Jr Surrey - Masters
			9 to 11 am	SSP		No Training	Regs - PC Gold - PC Silver
29-Dec	Monday		All Sessions	SSP		All Squads	None
	Monday		All Sessions	Spectrum		No Training	All Squads
	Monday		630 to 830 pm	Charterhouse		None	Jr Surrey - Sr Surrey
30-Dec	Tuesday		All Sessions	SSP		All Squads	None

	Tuesday		630 to 830 pm	Spectrum		Jr Nats	PC Gold - PC Silver - PC Bronze - CDS
	Tuesday		630 to 830 pm	Charterhouse		None	Jr Nats
31-Dec	Wednesday		All Sessions	All Pools		No Training	All Squads
01-Jan	Thursday		All Sessions	All Pools		No Training	All Squads
<b>2 Jan onwards</b>	<b>From Friday</b>		<b>All Sessions</b>	<b>SSP</b>		<b>Normal training for all squads resumes</b>	
2 Jan	Friday		630 to 830 pm	Spectrum		Jr Surrey - Sr Surrey - Sr Nats	CDS
	Friday		830 to 930 pm	Spectrum		Masters	None
	Friday		630 to 830 pm	Charterhouse		No Training	Sr Nats
3 Jan	Saturday		7 to 9 am	Spectrum		Regs - PC Gold - PC Silver	None
	Saturday		9 to 11 am	Spectrum		PC Bronze	None
04-Jan	Sunday		4 to 5 pm	Spectrum		No Training	Sr Surrey - CDS
<b>5 Jan onwards</b>	<b>From Monday</b>		<b>All Sessions</b>	<b>All Pools</b>		<b>Normal training for all squads resumes</b>	
<i>version Altered &amp; Cancelled 13 June 2025</i>							