L3 Spring Development Meet
5th and 6th April 2025
Licence No. - 3SE250205
QUALIFYING TIMES

Age of swimmers as of 23:59 6th April 2025

Minimum Age - 9 years

Stroke	Distance	Open/Male (LOWER LIMITS)							
Short Course		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
Freestyle	50m	1.00.00	45.30	42.30	39.70	37.00	34.40	32.40	31.20
	100m	1.49.00	1.39.30	1.31.90	1.25.70	1.19.60	1.14.10	1.10.10	1.07.50
	200m	3.54.00	3.35.40	3.19.90	3.06.90	2.53.90	2.41.60	2.33.30	2.27.10
Breaststroke	50m	1.15.00	58.80	54.50	50.80	46.80	43.50	40.90	39.20
	100m	2.21.30	2.08.50	1.57.50	1.49.40	1.40.70	1.33.50	1.28.00	1.24.40
	200m	4.56.10	4.35.40	4.13.10	3.56.40	3.38.30	3.22.20	3.10.70	3.03.80
Backstroke	50m	1.00.00	51.80	48.20	45.40	41.90	39.20	36.70	35.10
	100m	2.02.20	1.52.50	1.42.80	1.36.20	1.28.90	1.22.40	1.17.60	1.14.60
	200m	4.17.50	3.58.10	3.40.40	3.26.40	3.11.40	2.57.50	2.47.50	2.41.40
Butterfly	50m	1.15.00	50.30	46.50	43.80	40.60	37.60	35.20	33.90
	100m	2.08.90	1.53.40	1.42.70	1.35.50	1.28.30	1.21.70	1.16.70	1.14.00
	200m	4.42.60	4.09.10	3.45.80	3.30.80	3.15.10	3.01.00	2.48.80	2.43.30
Medley	200m	4.24.00	4.04.70	3.45.80	3.31.40	3.16.80	3.02.00	2.51.90	2.45.60

Stroke	Distance	Open/Male (UPPER LIMITS)							
Short Course		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
Freestyle	50m	30.10	30.10	30.10	28.90	27.90	26.20	25.50	24.20
	100m	1.06.40	1.06.40	1.06.40	1.02.90	1.00.10	56.40	55.00	52.60
	200m	2.24.10	2.24.10	2.24.10	2.16.70	2.11.30	2.05.50	2.01.00	1.56.60
Breaststroke	50m	40.10	40.10	40.10	38.50	36.50	34.30	32.10	31.30
	100m	1.28.40	1.28.40	1.28.40	1.25.20	1.18.40	1.15.10	1.09.60	1.08.90
	200m	3.08.30	3.08.30	3.08.30	3.01.60	2.49.70	2.42.40	2.34.30	2.32.60
Backstroke	50m	35.00	35.00	35.00	33.70	32.50	30.50	29.20	28.80
	100m	1.15.80	1.15.80	1.15.80	1.12.40	1.09.70	1.04.90	1.02.90	1.01.60
	200m	2.40.70	2.40.70	2.40.70	2.34.00	2.28.40	2.20.70	2.16.80	2.13.10
Butterfly	50m	33.50	33.50	33.50	32.60	31.00	29.20	27.60	26.70
	100m	1.16.40	1.16.40	1.16.40	1.15.30	1.09.60	1.04.10	1.00.90	59.30
	200m	2.54.60	2.54.60	2.54.60	2.54.60	2.35.50	2.26.00	2.19.70	2.17.90
Medley	200m	2.38.20	2.38.20	2.38.20	2.35.70	2.30.30	2.19.60	2.13.90	2.12.00