

## PARENT / GUARDIAN CODE OF CONDUCT

### I WILL:

1. Deliver and collect my swimmer punctually to and from training sessions / events. I will inform a member of the teaching / coaching staff if I am delayed or there is an unavoidable problem or if my child will be collected by someone else.
2. Ensure any Medical Information regarding, my swimmer's health is notified to the Club. Ensure that the Club is notified of any mental or physical conditions that may affect my swimmer. I will report any changes to my swimmer's health to the teacher / coach prior to training sessions or events. I will ensure that the club has up-to-date contact details for me and for any alternative person(s) as required.
3. Not send my swimmer to training, or competition if they are unwell and I will notify the teacher / coach in advance.
4. Support my swimmer to arrive at all sessions and competitions in a positive mental and physical condition.
5. Abide by all local guidelines as defined by the Centre staff / facility / pool operators.
6. Encourage my swimmer to abide by club, facility / pool and competition rules and help them to be the best they can be.
7. Ensure my swimmer is properly and adequately attired for the training session / events including all mandatory equipment, e.g. hats, goggles, water and food etc.
8. Inform the teacher / coach before a session if my swimmer is to be collected early from a training session/event and if so, by whom.
9. If the teacher / coach changes my swimmer's squad / lane and / or training times, I will remember that the change is to provide appropriate levels of training and to enable my swimmer to progress, and I should therefore support and encourage this at all times.
10. Behave responsibly as a spectator during training / events and treat members, teacher / coaches, and other parents of other Clubs with due respect at all times.
11. Not use inappropriate or abusive language, bullying, physical violence or any other behaviour which hurts others.
12. Show appreciation and support my swimmer and all the team members.
13. Ensure my swimmer's needs are met in terms of nutrition and I will listen to advice given from the coach / nutritionist

Updated August 2023