

## Altered & Cancelled Sessions

*Normal Training unless otherwise noted*

### Final Training Sessions of 2023 (see chart below)


Spectrum Dolphins	Weds 13 December	HPS Squads	Saturday 30 December	PC	GOLD	Saturday 23 December
Otters	Friday 15 December	Regional Squad	Saturday 30 December	PC	SILVER	Friday 22 December
Frogs	Friday 15 December	Jr Surrey Squad	Friday 22 December	PC	BRONZE	Sunday 17 December
Tadpoles	Friday 15 December	Jr CDS	Saturday 23 December			
		Sr CDS	Friday 15 December			Masters Wednesday 27 December

### Events

9 December - Saturday 4 to 6pm	NASL Final Round	Jr National - Regs	Training Cancelled
15 December - Friday	Charterhouse School unavailable	Sr National - Age Group National	Training Cancelled
16 December - Saturday	Hillingdon L3 OM	All Squads @ SSP	Training Cancelled
17 December - Sunday	Hillingdon L3 OM	Age Group - Jr Surrey - Jr Nats - Regs	Training Cancelled

### Xmas Training 2023

		Sr Perf	Jr Perf	Sr Nats	AG Nats	Jr Nats	Regs	Jr Surrey	Jr CDS	Sr CDS	PC GOLD	PC SILVER	PC BRONZE	Dolphins Otters Frogs Penguins	Masters
<b>December</b>															
Sat	16														
Sun	17														
Mon	18														
Tues	19								Note 1						
Weds	20														
Thurs	21														
Fri	22														
Sat	23														
Sun	24														
Mon	25														
Tues	26														
Weds	27														
Thurs	28														
Fri am	29														
Fri pm	29														
Sat	30														
Sun	31														
<b>January</b>															
Mon	1														
Tues	2														

 = training as normal

Blank = Training cancelled

#### Note 1

Jr CDS Special training session 630 - 830 pm

### Xmas Pools Closures

Spectrum Teaching Pool	Monday 18 Dec to Monday 1 January
Spectrum Competition Pool	Saturday 23 Dec - 9am to Monday 1 January
Charterhouse School	Monday 25 Dec to Monday 1 January
Aldershot Garrison	Wednesday 27 Dec to Tuesday 2 January
SSP	Sunday 24 Dec to Tuesday 26 Dec
SSP	Sunday 31 Dec to Monday 1 January

## SPRING 2024 TERM DATES

High Performance	2 January to 28 March
Team Surrey	
Performance Squad	2 January to 28 March
BUCS Competitive Squad	2 January to 28 March
BUCS Development Squad	2 January to 28 March
Social Squad	2 January to 28 March
Transition Squads	
Regional Squad	2 January to 28 March
Jr Surrey Squad	2 January to 28 March
Jr CDS	2 January to 28 March
Sr CDS	2 January to 28 March
Masters	2 January to 28 March
Academy Spectrum	
Pre Competitive GOLD	2 January to 28 March
Pre Competitive SILVER	2 January to 28 March
Pre Competitive BRONZE	2 January to 28 March
Teaching Pool Swimmers:	
Tadpoles	2 January to 28 March
Frogs	2 January to 28 March
Otters	2 January to 28 March
Spectrum Dolphins	2 January to 28 March
Academy Satellites	
Guildford High - Mondays	8 January to 18 March (except 12 February)
Guildford High - Tuesdays	9 January to 19 March (except 13 February)
Notre Dame	10 January to 20 March (except 14 February)
St Catherines	14 January to 24 March (except 18 February)