## **Altered & Cancelled Sessions**

Normal Training unless otherwise noted

Spectrum Dolphins Weds 13 December HPS Squads Saturday 30 December PC GOLD Saturday 23 December Otters Friday 15 December Regional Squad Saturday 30 December PC SILVER Friday 22 December Frogs Friday 15 December Jr Surrey Squad Friday 22 December PC BRONZE Sunday 17 December Tadpoles Friday 15 December Jr CDS Saturday 23 December

Sr CDS Friday 15 December Masters Wednesday 27 December

Events

9 December - Saturday 4 to 6pm NASL Final Round Jr National - Regs Training Cancelled

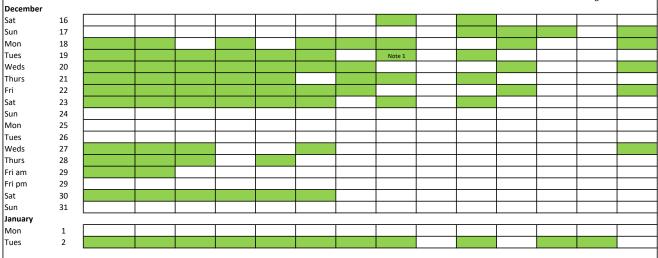
15 December - Friday Charterhouse School unavailable Sr National - Age Group National Training Cancelled

16 December - Saturday Hillingdon L3 OM All Squads @ SSP Training Cancelled
17 December - Sunday Hillingdon L3 OM Age Group - Jr Surrey - Jr Nats - Regs Training Cancelled

Xmas Training 2023

AG PC PC Dolphins Masters Regs Perf Perf Nats Nats Nats Surrey CDS CDS GOLD SILVER BRONZE Otters

Frogs Penguins



= training as normal Blank = Training cancelled

Note 1

Jr CDS Special training session 630 - 830 pm

## Xmas Pools Closures

 Spectrum Teaching Pool
 Monday 18 Dec to Monday 1 January

 Spectrum Competition Pool
 Saturday 23 Dec - 9am to Monday 1 January

 Charterhouse School
 Monday 25 Dec to Monday 1 January

 Aldershot Garrison
 Wednesday 27 Dec to Tuesday 2 January

 SSP
 Sunday 24 Dec to Tuesday 26 Dec

 SSP
 Sunday 31 Dec to Monday 1 January

<b>SPRING</b>	2024	<b>TFRM</b>	DATES

High Performance 2 January to 28 March

Team Surrey

Performance Squad 2 January to 28 March
BUCS Competitive Squad 2 January to 28 March
BUCS Development Squad 2 January to 28 March
Social Squad 2 January to 28 March

Transition Squads

Regional Squad 2 January to 28 March
Jr Surrey Squad 2 January to 28 March
Jr CDS 2 January to 28 March
Sr CDS 2 January to 28 March
2 January to 28 March

Masters 2 January to 28 March

Academy Spectrum

Pre Competitive GOLD 2 January to 28 March
Pre Competitive SILVER 2 January to 28 March
Pre Competitive BRONZE 2 January to 28 March

Teaching Pool Swimmers:

Tadpoles 2 January to 28 March
Frogs 2 January to 28 March
Otters 2 January to 28 March
Spectrum Dolphins 2 January to 28 March

Academy Satellites

Guildford High - Mondays

Guildford High - Tuesdays

Notre Dame

St Catherines

8 January to 18 March (except 12 February)

9 January to 19 March (except 13 February)

10 January to 20 March (except 14 February)