

MASTERS SQUAD - TRAINING TIMES

MON	TUES	WEDS	THURS	FRI	SAT	SUN
06.00-08.00		06.00-08.00				07.00-09.00
SPECTRUM		SSP				SSP
		18.30-20.30		20.30-21.30		
		CHARTERHOUSE		SPECTRUM		

SSP = SURREY SPORTS PARK