

## C. CLUB RISK ASSESSMENT – HEALTH CHECK / TRAVEL / QUEUING

COVID 19 POTENTIAL HAZARD – WHAT & WHY & WHY RISK BEFORE	PREVENTATIVE MEASURES – HOW YOU INTEND TO CONTROL THE RISK	WHEN / DONE	WHO & RISK AFTER
<p>C1. Swimmers displaying Covid 19 symptoms before leaving home eg whose answers to the Mandatory Form have changed.</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">(H)</p>	<p>Swimmers must ensure that they <b>are not</b> displaying any Covid 19 symptoms before they start off for training by checking that there are no changes to their answers on the <b>mandatory Return to Training Form</b>.</p> <p><b>Further information on Covid 19 symptoms can be found here</b></p> <ul style="list-style-type: none"> <li><a href="https://111.nhs.uk/covid-19">https://111.nhs.uk/covid-19</a>.</li> <li>If swimmers have any changes to the Mandatory form they must contact the <b>LCOs</b> and not come to training;</li> <li>no swimmer should attend training if anyone is positive for COVID-19, showing symptoms or self-isolating as a contact within their household;</li> <li>The <b>LCOs</b> will review and contact you and discuss next steps.</li> </ul>	<p><b>LCOs</b> will review and return the forms to swimmers informing them if they are able to return to training.</p>	<p>Swimmers / <b>LCOs</b></p> <p style="text-align: center; color: green; font-weight: bold; font-size: 1.2em;">(L)</p>
<p>C2. Travelling to the pool by public transport &amp; social distancing &amp; swimwear</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">(H)</p>	<p>Swimmers <b>should not use public transport</b> if at all possible to travel to training however for those who must, they should</p> <ul style="list-style-type: none"> <li>use face coverings in line with Government requirements;</li> <li>Use anti-bac before boarding the bus;</li> <li>not touch surfaces as little as possible;</li> <li>not touch face;</li> <li>use anti-bac after alighting;</li> <li>consider that they will need to wait outside until they can enter the pool building, Spectrum is closed to parents;</li> <li>consider if travelling by public transport that swimmers <b>will not</b> be able to change out of wet swimwear before leaving the pool.</li> </ul>	<p>No further action</p>	<p>Swimmers</p> <p style="text-align: center; color: green; font-weight: bold; font-size: 1.2em;">(L)</p>

<p>C3. Travelling to the pool by car / social distancing</p> <p style="text-align: center;"><b>(L)</b></p>	<p>Swimmers travelling by car and parking at Spectrum should</p> <ul style="list-style-type: none"> <li>arrive at their lane queue 5 minutes before their session;</li> </ul> <p>Parents will be expected to be within 15 minutes of the pool in case of problems;</p>	<p>No further action</p>	<p>Swimmers</p> <p style="text-align: center;"><b>(L)</b></p>
<p>C4. Exiting cars and queuing to enter the spectator area. Pinch points</p> <p style="text-align: center;"><b>(M)</b></p>	<p><b>Parents will not be allowed and should not attempt to enter Spectrum Leisure Centre – the Coffee &amp; Spectator Areas are closed for the foreseeable future. Parents joining any other booked activity at Spectrum must not attempt to spectate from any areas within the building. Parents should remain within 15 minutes travel time of the Centre.</b></p> <p><b>Swimmers will not be entering through the main entrance.</b></p> <p>Swimmers should ensure they arrive in their lane queue 5 minutes before their session, Swimmers should either:</p> <p>a) walk across the grass around the left hand side of the building until they reach the side of the pool building; or</p> <p>b) In wet weather there is a path that leads to the doors and this can be accessed by turning left before the main entrance and following the path and then turning right towards the pool building;</p> <p>c) <b>Parents must remain on the hill away from the building to allow room for the swimmers to queue socially distanced;</b></p> <p>d) <b>Teaching Pool</b></p> <ul style="list-style-type: none"> <li>the first access point to the pool will be the teaching pool door;</li> <li>Parents and swimmers must follow the instructions of PCOs/coaches;</li> <li><b>Swimmers training in the teaching pool</b> should queue next to their lane number outside the double doors leading into the teaching area.</li> <li>Swimmers should keep at least 1 metre plus apart whilst queuing;</li> <li>Pools and lane numbers will already be notified to swimmers in advance.</li> <li>Coaches or PCOs will call the swimmers in by their lane;</li> <li><b>Swimmers must wait in their lane queue if they are late.</b> When all other lanes have entered, the late swimmer will be asked to enter. This is due to the restrictions and one way systems on poolside.</li> </ul> <p>e) <b>Competition Pool</b></p> <ul style="list-style-type: none"> <li>The competition pool doors are further on around the building;</li> <li>Parent and swimmers must follow the instructions of PCOs/coaches;</li> <li><b>Swimmers training in the competition pool</b> should queue next to their lane number outside the double doors that lead into the competition pool area;</li> </ul>	<p>Swimmers will be supervised by PCOs and coaches from queuing to enter the Pool arena until they are handed back to parents</p>	<p><b>Coach or PCO</b></p> <p style="text-align: center;"><b>(L)</b></p>

	<ul style="list-style-type: none"> <li>• Swimmers should keep at least 1 metre plus apart whilst queuing;</li> <li>• Pools and lane numbers will already be notified to swimmers in advance.</li> <li>• <b>Swimmers must wait in their lane queue if they are late.</b> When all other lanes have entered, the late swimmer will be asked to enter. This is due to the restrictions and one way systems on poolside.</li> </ul>		
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**\*The Risk levels we are using are High (H), Medium (M) and Low (L).**

Risk Assessment completed by Janette Smith and Caroline Wood on 12 July 2020.

Caroline Wood: 

Janette Smith: 